

Customized AI workshops, built for your team

Hands-on sessions covering everything from prompting foundations to agentic AI, tailored to your team's roles, tools, and goals, and delivered in the tools your team uses.

15

sessions to choose from

2 hours

average session length

Your LLM

content tailored to the tools
you use

Pick the sessions that fit your team

All 15 sessions can be customized to your workflows and delivered in the LLM your team uses. Average session length: 2 hours.

AI Foundations + Prompting

How generative AI actually works, where it shines, where it fails, and the mental models that make it click. Hands-on prompt engineering: structuring prompts, iterating on outputs, and building reusable prompt patterns for everyday work. Fully updated for the newest models and delivered on the LLM of choice for your team.

Writing Like a Human

Getting AI drafts that don't sound like AI: voice, tone, and editing techniques that keep your writing authentic and on-brand. Covers emails, job postings, policies, and internal communications. You'll learn to use AI as a writing partner, not a ghostwriter.

Building Multimedia

Create images, audio, and video assets with AI, led by our senior multimedia designer. Practical workflows for visuals in presentations, courses, and communications, with copyright and accessibility guardrails built in. Customized to the tools your organization can actually access.

Vibe Coding

Build functional tools, calculators, and mini-apps with AI — no coding background required. Learn to describe what you want, iterate, and ship simple utilities that remove friction from your workflows. Best for teams ready to move beyond documents into working prototypes.

AI for Managers & Leaders

How to think about AI as a leader: capability planning, what to delegate to AI versus people, and leading a team through adoption. Covers policy, quality control, and modelling good AI practice. Includes frameworks for deciding where AI belongs in your processes — and where it doesn't.

Ethics & Responsibility

Responsible AI in day-to-day work: bias, privacy, confidentiality, and safe data handling — especially critical for HR data. What to verify before trusting an output, and how to set team norms. Practical guardrails grounded in real scenarios, not lectures.

Administrative Efficiency

Streamline scheduling, reporting, meeting notes, and email with AI. A deep dive into automating recurring document and spreadsheet work. The highest-ROI session for admin-intensive roles.

Stakeholder & Change Management

Use AI to map stakeholders, draft communications, and plan change initiatives. Also covers the change management of AI itself: bringing colleagues along as tools and processes shift. Especially relevant for teams piloting AI on behalf of a whole organization.

AI for Story Design

Narrative and scenario-building with AI for learning and communication. Craft realistic characters, branching scenarios, and case studies in a fraction of the usual time. Popular with L&D teams and anyone who teaches through story.

AI for Instructional Design

Integrate AI across the full design process: needs analysis, outlines, storyboards, and assessments. Dramatically speeds up content development while keeping quality control firmly with the designer. A must for L&D professionals.

Facilitation & Public Speaking

Prepare sessions, generate discussion prompts, anticipate tough questions, and rehearse with AI. Build slide outlines and speaker notes in a fraction of the time. For anyone who trains, presents, or runs high-stakes meetings.

AI for Medical & Healthcare

A specialized session for teams working in medical, healthcare, and regulated environments. Covers clinically appropriate use, accuracy verification, and compliance constraints.

Marketing for Non-Marketers

Produce campaigns, posts, newsletters, and promotional copy without a marketing team. Useful internally too – like driving sign-ups and engagement for your own programs. Covers messaging, imagery, and content calendars.

Copilot Fundamentals

Microsoft Copilot from the ground up: where it lives, what it can see, and how it behaves across Word, Excel, PowerPoint, Outlook, and Teams. Practical patterns for daily work inside the Microsoft ecosystem.

Agentic AI

Beyond chat: AI that takes actions – chatbots, automations, and multi-step agents. Identify which processes are worth automating and what is realistic today versus hype. A window into where your AI roadmap goes next.

Every workshop includes



Recordings + deck

Every session recorded and shared, with the full slide deck.



Take-home practice

Practice work after each session to turn ideas into habits.



Showcase (optional)

A closing session where your team presents what they've built.



Office hours (add-on)

Drop-in time with our facilitators between sessions.

Artha Learning, a certified Woman Owned Business, is a full-service, award-winning learning partner for growth-driven organizations.

Purpose

To inspire people to thrive through learning.

Mission

We create meaningful learning experiences with people and organizations that seek growth.

Value

Experience joy, build trust, and grow through learning to create meaningful impact.

Let's design your team's program

Tell us about your team – their roles, tools, and goals – and we'll shape a workshop series around them.

training@arthalearning.com

arthalearning.com/ai-training